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Successful Expectant Management of a Dichorionic Quadruplet Pregnancy to 38weeks 1day Gestation Without Complication*Nwankwo MEC, Ngwu H.*

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This is to report a case of successful expectant management to 38weeks gestation of a Dichorionic Quadruplet without complication.

A 26years old G₃P₂₂Alive student presented for booking at the antenatal clinic of Holy Rosary Specialist Hospital & Maternity, Onitsha on 10/3/2015 following a 16weeks amenorrhoea. She had normal term singleton pregnancies and deliveries in 2010 and 2013. She later had a perceived one-year period of secondary infertility, and got pregnant after a course of Clomiphene Citrate. A booking ultrasound done on 24/3/2015 revealed an 18week Dichorionic Quadruplet with compatible foetal parameters. There was no family history of multifetal pregnancies.

She had an elective caesarean section on 12/08/2015, at a gestational age of 38wks and 1day. Findings at delivery include, 3boys 1girl with excellent Apgar scores, and birth weight range of 2.6-2.2kg. She recovered well from surgery, and was discharged home on the 5th post-operative day. She came for postnatal clinic on 24/09/2015, and had counselling for family planning.

Conclusion: Quadruplet pregnancies can be expectantly managed successfully to 38wks gestation as reported. Interventions like "Cervical Circlage" and pre-term delivery are not "sine qua non" to the management of Quadruplet pregnancies.

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